

LR&S 2010 FROST Course Team List - Page 1

Course	Lastname	Firstname	Category	Bib Number	TeamName
Frost	Black	Nerina	Solo Female	51	Alana's Idea
Frost	Moleta	Michele	Solo Female	52	Am I there yet??
Frost	Kendall	Heather	Solo Female	53	Bring Back the Wild
Frost	Young	Deanna	Solo Female	54	DV Y Not?
Frost	Masson	Liz	Solo Female	55	Feet in Motion
Frost	Tomaszewski	Ashley	Solo Female	56	Gone Country
Frost	Lilius	Jacoba	Solo Female	57	In It To Finish
Frost	Van Dorp	Joanna	Solo Female	58	littlestdorp
Frost	Ashley	Alana	Solo Female	59	Only myself to blame
Frost	Huizingh	Randall	Solo Female	60	Royal Wood Shop
Frost	Leone	Kerri	Solo Female	61	Running Free
Frost	Mueller	Leanne	Solo Female	62	Salomon Bobkitten
Frost	Seal	Natalie	Solo Female	63	Talk About It
Frost	Brooks	Kim	Solo Female	64	The Tortoise
Frost	Gingrich	Claire	Solo Female-Masters	65	Lone Slow Gin
Frost	Schad	Elizabeth	Solo Female-Masters	66	Mike's Mom
Frost	Wheldon	Ian	Solo Male	67	40 Degrees
Frost	Wieczorek	Maciej	Solo Male	68	9/10 doctors recommend
Frost	Angold	James	Solo Male	69	Away From The Kids
Frost	Williamson	Shawn	Solo Male	70	Baleen Group
Frost	Johnston	Greg	Solo Male	71	Blue
Frost	Prentice	Harry	Solo Male	72	Broke and Busted
Frost	Galbraith	Matt	Solo Male	73	Bush Gardens
Frost	Early	Kevin	Solo Male	74	Early Bird
Frost	McKay	Daniel	Solo Male	75	McKay
Frost	Biggs	John	Solo Male	76	Mucho Burrito
Frost	Grice	Sergio	Solo Male	77	Power Serge
Frost	Hitchon	Will	Solo Male	78	Rather B Fishin'
Frost	Haynes	James	Solo Male	79	Running on Empty
Frost	Steve	Lowrie	Solo Male	80	Solo Regulator
Frost	Dorland	Taylor	Solo Male	81	Soul Powered
Frost	Leighton	David Sean	Solo Male	82	Team Phoenix
Frost	Sorokopas	Ted	Solo Male	83	Whisky Biscuits
Frost	Hines	Greg	Solo Male	84	Wingnut
Frost	Beier	Nicholas	Solo Male	85	Winter Is Coming
Frost	Cairns	Mark	Solo Male	86	World's Laziest Ninja
Frost	Slute	David	Solo Male - Masters	87	Bad idea
Frost	Seadon	Clark	Solo Male - Masters	88	Beach
Frost	Farrow	Dave	Solo Male - Masters	89	Converted tri guy
Frost	Brennand	Kirk	Solo Male - Masters	90	Hold Myself Up
Frost	Edwards	Neil	Solo Male - Masters	91	Leapin' Leopard Frog
Frost	Schad	Robert	Solo Male - Masters	92	Mike's Dad
Frost	Driscoll	Richard	Solo Male - Masters	93	Richard Driscoll
Frost	Thomson	Scott	Solo Male - Masters	94	SwampDaddy50
Frost	STETSON	KATIE	Team of 2 All Female	95	Best Friends For Everest
Frost	SAVVY	Lora	Team of 2 All Female		Best Friends For Everest
Frost	Lennox	Joanne	Team of 2 All Female	96	Chaotic Chicks
Frost	Priestly	Robin	Team of 2 All Female		Chaotic Chicks

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Frost	McComb	Sue	Team of 2 All Female	97	Chaotic Chicks
Frost	Ireland	Sherri	Team of 2 All Female		Chaotic Chicks
Frost	Rich	Anne	Team of 2 All Female	98	Desperate Housewives
Frost	Fitzgerald	Jodi	Team of 2 All Female		Desperate Housewives
Frost	Abbotts	Melissa	Team of 2 All Female	99	Jugs at Half Speed
Frost	Kerr	Piper	Team of 2 All Female		Jugs at Half Speed
Frost	Vurma	Sarah	Team of 2 All Female	100	Just 2 Ordinary Girls
Frost	Getty	Kim	Team of 2 All Female		Just 2 Ordinary Girls
Frost	Dunlop	Heather	Team of 2 All Female	101	Los Duos Unicornos
Frost	Kidd	Nicola	Team of 2 All Female		Los Duos Unicornos
Frost	Tarnopolsky	Jacqueline	Team of 2 All Female	102	mom and little tarno
Frost	tarnopolsky	milla	Team of 2 All Female		mom and little tarno
Frost	Broderick	Jennifer	Team of 2 All Female	103	'ohana mommas
Frost	Dowdall	Karyn	Team of 2 All Female		'ohana mommas
Frost	Gordon	Michelle	Team of 2 All Female	104	Thelma & Louise
Frost	Stel	Suzy	Team of 2 All Female		Thelma & Louise
Frost	Gin	Barron	Team of 2 All Male	105	2XTREME
Frost	Lachapelle	Andrew	Team of 2 All Male		2XTREME
Frost	Zimmermann	Chris	Team of 2 All Male	106	Batman and Robin
Frost	mannen	vincent	Team of 2 All Male		Batman and Robin
Frost	Kendall	Peter	Team of 2 All Male	107	Bring Back the Wild
Frost	Schad	Mike	Team of 2 All Male		Bring Back the Wild
Frost	Defoa	Andy	Team of 2 All Male	108	Caledon Canucks
Frost	Defoa	Ryan	Team of 2 All Male		Caledon Canucks
Frost	Marshall	Doug	Team of 2 All Male	109	Double D's
Frost	Marshall	Dave	Team of 2 All Male		Double D's
Frost	Terpstra	Ryan	Team of 2 All Male	110	Due to Finish
Frost	Heard	Jon	Team of 2 All Male		Due to Finish
Frost	Sartor	Damiano	Team of 2 All Male	111	El Duderinos
Frost	Sartor	Max	Team of 2 All Male		El Duderinos
Frost	Patterson	Kenneth	Team of 2 All Male	112	Eye Guys
Frost	Khan	Baseer	Team of 2 All Male		Eye Guys
Frost	Sinal	Chris	Team of 2 All Male	113	Fescue Thatch
Frost	Keays	Rob	Team of 2 All Male		Fescue Thatch
Frost	Parks	Ryan	Team of 2 All Male	114	First Timers
Frost	Hladish	Jim	Team of 2 All Male		First Timers
Frost	Dilworth	Pete	Team of 2 All Male	115	Off Constantly
Frost	Burchmore	Dave	Team of 2 All Male		Off Constantly
Frost	Duffy	Mike	Team of 2 All Male	116	Slugmax
Frost	Hant	Glenn	Team of 2 All Male		Slugmax
Frost	Harrison	Chris	Team of 2 All Male	117	Smokin' Bunnies
Frost	Ingram	Caleb	Team of 2 All Male		Smokin' Bunnies
Frost	Ledra	Harvey	Team of 2 All Male	118	Snappin Turtles
Frost	Kennedy	Brian	Team of 2 All Male		Snappin Turtles
Frost	Elliott	Brad	Team of 2 All Male	119	Splash Crash and Dash
Frost	Elliott	Ryan	Team of 2 All Male		Splash Crash and Dash
Frost	Staples	Aidan	Team of 2 All Male	120	Team Awesome Sauce
Frost	Staples	Ben	Team of 2 All Male		Team Awesome Sauce

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Frost	Parr	David	Team of 2 All Male	121	Team Parr
Frost	Parr	Jamie	Team of 2 All Male		Team Parr
Frost	Litchfield	Tom	Team of 2 All Male	122	The Patriots
Frost	Irving	Brady	Team of 2 All Male		The Patriots
Frost	Eccleshall	Ryan	Team of 2 All Male	123	Trent Express
Frost	Clarke	Arthur	Team of 2 All Male		Trent Express
Frost	Nguyen	Khoa	Team of 2 All Male	124	Uh Oh
Frost	Gauthier	Eric	Team of 2 All Male		Uh Oh
Frost	Gordon	Kevin	Team of 2 All Male	125	Wake Us When It's Over
Frost	Neely	Mike	Team of 2 All Male		Wake Us When It's Over
Frost	Goguen	Dominic	Team of 2 Coed	126	Cob Knobblers
Frost	Goguen	Sandra	Team of 2 Coed		Cob Knobblers
Frost	DeJonge	Pieter	Team of 2 Coed	127	Daddy & The Jet
Frost	DeJonge	Juliette	Team of 2 Coed		Daddy & The Jet
Frost	Simlett	Marla	Team of 2 Coed	128	Dos Tortugas
Frost	Michel	Goguen	Team of 2 Coed		Dos Tortugas
Frost	Jones	Alison	Team of 2 Coed	129	FitzJones
Frost	Fitzsimmons	Erin	Team of 2 Coed		FitzJones
Frost	Steele	Gregg	Team of 2 Coed	130	G&TontheROCKS
Frost	steele	tina	Team of 2 Coed		G&TontheROCKS
Frost	Mikami	Kentaro	Team of 2 Coed	131	Gekichintai
Frost	Mikami	Kyo	Team of 2 Coed		Gekichintai
Frost	MacNeil	Derek	Team of 2 Coed	132	Happy Campers
Frost	Gray	Debbie	Team of 2 Coed		Happy Campers
Frost	Huk	Jodie	Team of 2 Coed	133	Hukleberry Hounds
Frost	Huk	Gregory	Team of 2 Coed		Hukleberry Hounds
Frost	Spiegelberg	Frank	Team of 2 Coed	134	Just in it to finish
Frost	Fletcher	Selena	Team of 2 Coed		Just in it to finish
Frost	Kerr	Brian	Team of 2 Coed	135	Kerrazy Team
Frost	Kerr	Christina	Team of 2 Coed		Kerrazy Team
Frost	Jordan	Bill	Team of 2 Coed	136	Lost and Found
Frost	Mead	Helen	Team of 2 Coed		Lost and Found
Frost	Cascanette	Marci	Team of 2 Coed	137	Marathon Maniacs
Frost	Cascanette	Maurice	Team of 2 Coed		Marathon Maniacs
Frost	Sulkowski	Andrew	Team of 2 Coed	138	Morning Off
Frost	Sulkowski	Christy	Team of 2 Coed		Morning Off
Frost	Hicks	Kevin	Team of 2 Coed	139	Nuff said
Frost	Hutchinson	Sarah Jane	Team of 2 Coed		Nuff said
Frost	Garland	Craig	Team of 2 Coed	140	RUN LIKE YOU STOLE IT
Frost	MIRIAM	PHILLIP	Team of 2 Coed		RUN LIKE YOU STOLE IT
Frost	Bradwin	Jennifer	Team of 2 Coed	141	Skinny dippers
Frost	Bradwin	Adam	Team of 2 Coed		Skinny dippers
Frost	Kochan	Susan	Team of 2 Coed	142	Step it Up
Frost	whiffen	Doug	Team of 2 Coed		Step it Up
Frost	Ruggle	Tom	Team of 2 Coed	143	Stoic and Spice
Frost	Cleve	Jaxie	Team of 2 Coed		Stoic and Spice
Frost	Sulkowski	Tony	Team of 2 Coed	144	Sun and Moon (SAM)
Frost	Sulkowski	Catherine	Team of 2 Coed		Sun and Moon (SAM)

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Course	Lastname	Firstname	Category	Bib Number	TeamName
Frost	Matthews	Tracey	Team of 2 Coed	145	Super Trike
Frost	Abate	Michael	Team of 2 Coed		Super Trike
Frost	McCarthy-Keays	Brandi	Team of 2 Coed	146	Why not?
Frost	Harding	Paul	Team of 2 Coed		Why not?